

[DOCUMENT NAME]

ABSTRACT

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[Problems] There has been a problem that it takes time from insertion of a record medium until it becomes reproducible.

[Means for Solution] A recording and reproducing system has a record medium 15 of holding a data file 13 of storing predetermined data, a file recording means 14 of recording data file holding position information on a position at which the data file 13 is held in a data file holding position information file 17 held on the record medium 15 of storing the data file holding position information, a data recording state obtaining means 18, a recording position information file creating means 34, and a file reproducing means 23 of reproducing the predetermined data stored in the data file 13 by using the recorded data file holding position information.

[SELECTED DRAWINGS] FIG. 1